

# Legalon<sup>®</sup> 70

## SCHEDULING STATUS

[S0]

## PROPRIETARY NAME AND DOSAGE FORM

LEGALON<sup>®</sup> 70 tablets

## COMPOSITION

Each sugar coated tablet contains 70 mg silymarin.

Contains sugar: Sucrose 141 mg

## PHARMACOLOGICAL CLASSIFICATION

A 7.4 (Lipotropic agents)

## PHARMACOLOGICAL ACTION

In animal experiments, silymarin (of plant origin) has been shown to exert an anti-hepatotoxic action against various liver cell toxins.

It is postulated that the anti-hepatotoxic action may be due to a membrane-stabilizing effect and/or stimulation of RNA-synthesis.

## INDICATIONS

A healthy aid to support liver function.

Assist in the regeneration of liver cell membrane.

As an aid in the treatment of alcohol-induced liver disease.

## WARNINGS AND SPECIAL PRECAUTIONS:

Contains sucrose.

Patients with rare hereditary conditions such as fructose intolerance, glucose-galactose mal-absorption or sucrase/isoamaltase insufficiency should not take LEGALON<sup>®</sup> 70.

Contains sucrose which may have an effect on the glycaemic control of patients with diabetes mellitus.

## CONTRAINDICATIONS

Hypersensitivity to silymarin.

## PREGNANCY AND LACTATION

Hypersensitivity to silymarin.

## DOSAGE AND DIRECTIONS FOR USE

Take two tablets three times daily.

As a maintenance dose take one tablet three times daily.

## SIDE EFFECTS

No side effects have been reported.

## KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In the event of any adverse reaction occurring, consult a medical practitioner or the nearest hospital. Treatment is symptomatic and supportive.

## IDENTIFICATION

Brown sugar-coated tablets.

## PRESENTATION

Available in blister packs of 20, 40 and 100 sugar-coated tablets.

## STORAGE INSTRUCTIONS

Store at or below 25 °C.

**KEEP OUT OF REACH OF CHILDREN.**

## REGISTRATION NUMBER

R/7.4/172

## NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

XIXIA PHARMACEUTICALS (PTY) LTD

4 Brewery Street, Isando, Kempton Park, 1600

Republic of South Africa

## DATE OF PUBLICATION OF THE PACKAGE INSERT

11 December 1990

# Legalon® 70

## SKEDULERINGSSTATUS

SO

## EIENDOMSNAAM EN DOSEERVORM

Legalon® 70 tablette

## SAMESTELLING

Elke suiker bedekte tablet bevat 70 mg silimarien.  
Bevat Suiker: Sukrose 141 mg

## FARMAKOLOGIESE KLASSEKASIE

A 7.4 (Lipotropiese middels)

## FARMAKOLOGIESE WERKING

Daar is tydens eksperimente met diere aangetoon dat silimarien (afkomstig van plantaardige oorsprong) oor 'n antihepatotoksiese werking teen verskeie lewerseltoksiene beskik.  
Daar word gepostuleer dat die antihepatotoksiese werking aan 'n membraanstabieleeringsuitwerking en/of stimulering van RNS-sintese toe te skryf is.

## INDIKASIES

As 'n hulpmiddel om gesondelewerfunksie te ondersteun. Help met die regenerasie van die lewerselmembraan. As hulpmiddel by die behandeling van lewersiekte wat deur alkohol aangebring word.

## WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS:

Bevat sukrose.  
Pasiënte met 'n seldsame oorerflike probleme soos fruktose intoleransie, glukose-galaktose wanabsorpsie of sukrase isomaltase ontoereikendheid moet nie Legalon® 70 neem nie.  
Bevat sukrose, wat 'n effek mag hê op die glisemiese beheer van pasiënte met diabetes mellitus.

## KONTRA-INDIKASIES

Hipersensitiwiteit vir silimarien.

## SWANGERSKAP EN LAKTASIE

Hipersensitiwiteit vir silimarien.

## DOSIS EN GEBRUIKSAANWYSINGS

Twee tablette moet drie maal per dag geneem word.  
'n Instandhoudingsdosis van een tablet mag drie maal per dag geneem word.

## NEWE-EFFEKTE

Geen nuwe effekte is tot dusver aangemeld nie.

## BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN

Raad pleeg 'n dokter of die naaste hospitaal ingeval enige ongewenste reaksie plaasvind.

## IDENTIFIKASIE

Bruin suikerbedekte tablette.

## AANBIEDING

Beskikbaar in stulpverpakking van 20, 40 en 100 suikerbedekte tablette.

## BEWARINGSINSTRUKSIES

Bêre by of onder 25 °C.

## HOU BUIE BEREIK VAN KINDERS.

## REGISTRASIENOMMER

R/7.4/172

## NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIE SERTIFIKAAT

Xixia Pharmaceuticals (Pty) Ltd.  
4 Brewery Street, Isando, Kempton Park, 1600  
Republiek van Suid-Afrika

## DATUM VAN PUBLIKASIE VAN HIERDIE VOUBILJET

11 Desember 1990

